

Addiction support

Here are some organisations that will support those experiencing a problem with alcohol, drug abuse and/or gambling.



Information and guidance on finding support services for issues relating to drug abuse.

0300 123 6600

talktofrank.com



Find regional support for addictions such as alcohol and drugs.

Webchat available
wearewithyou.org.uk



Peer-to-peer support meetings and advice for anyone affected by alcohol abuse.

0800 917 7650

Webchat available
alcoholics-anonymous.org.uk



Access to local support for alcohol and drug abuse.

turning-point.co.uk/support-we-offer/drugs-and-alcohol



Peer-to-peer support meetings and advice for anyone affected by drug abuse.

0300 999 1212

ukna.org



Peer-to-peer support meetings and advice for anyone affected by a gambling problem.

0330 094 0322

gamblersanonymous.org.uk