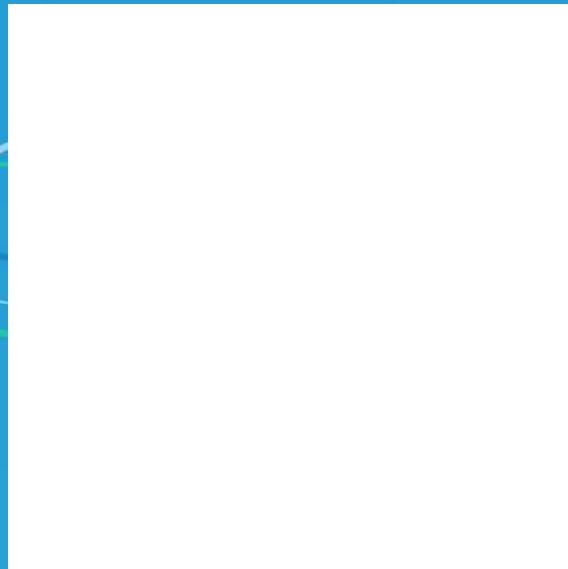


# Not feeling your best self?

*I am a Mental Health First Aider and I am here to listen...*



*My name is:*



*Three reasons I am a MHFA:*

1



2



3



*I work in:*



*How to contact me:*

