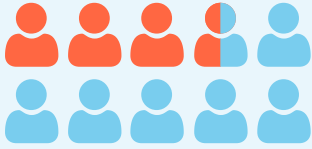


# Working Carers: The Statistics

Understanding the impact that caring has on work and wellbeing



**35%**

of carers surveyed would not have previously labelled themselves as a carer



**62%**

of carers surveyed say that their caring responsibilities affect their ability to fulfil their job role



**100%**

of carers surveyed said that their wellbeing suffers as part of balancing caring with other life priorities

## Hours spent caring per week:



**15%**

0-4 hours



**15%**

4-8 hours



**11%**

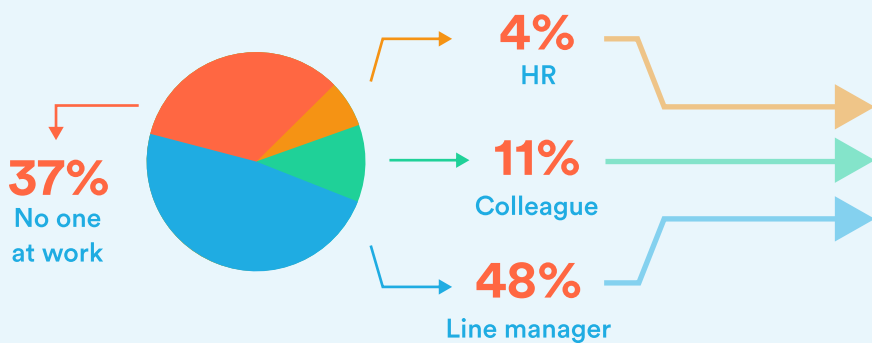
8-12 hours



**59%**

12+ hours

## Who at work have you told about your caring responsibilities?



## Of the 63% that did tell their employer:



Find out more at [everymindatwork.com/working-carers-report](https://everymindatwork.com/working-carers-report)

Independent online research carried out by Everymind at Work in June 2021.